### GREAT HEARTS ACADEMY - ALLERGY ACTION PLAN 1 2025/2026

FIRST NAME	E:		olson \x\/ bee m	edication (3 a pollen
LAST NAME:	DOB:		lants sting	edication 3 points
PARENT/GU	JARDIAN:		nimal medication	nuts & dust
BEST CONTA	ACT PHONE NUMBER:	da	inder 📥 📝	shellfish
PHYSICIAN I	NAME:		ollen	mold &
PHYSICIAN I	PHONE NUMBER:		2 4	mildew
TEACHER:	ROOM#		latex	animal dander
ALL ED OLEG		100		18
	ACTION: Anaphylaxis Nausea/Vomiting Ras			
		n	7	#ADAM
Allorgic road	ion:IngestionInhalation	Touch or Other		
	nt asthmatic?	_rough of other		
	will be eating food provided by local vendors for lunch	yes no		
M	child may exhibit MILD symptoms with exposure to aller	gen		
	eatment of MILD symptoms include:			
1.	Note time and occurrence of symptoms and stay with st	udent		
2.	Watch closely for any sign of a serious reaction			
3.	Call parent/guardian listed above or communicate in wri	iting of event		
4.	Give the following Medication:		Given to nurse	yesdate
	Dose:		_	
	May repeat:			
	Other instructions:		_	
5.	Call 911 or give emergency medications if symptoms we	orsen		
_				
	child may exhibit SEVERE symptoms with exposure to all			
(Ex	hibiting any or all of the following symptoms is considered	l to be a severe allergic	reaction: widespread	hives and flushing,
	despread tissue swelling, swelling of the tongue, throat itc			
	cking cough, vomiting, nausea, cramps, diarrhea, repetitiv			id heart rate,
ligi	htheadedness, dizziness, loss of consciousness) Treatr	ment of SEVERE sympto	oms include:	
1.		udent		
2.	Call 9-1-1 and inform them of a severe allergic reaction			
3.	Administer according to package instructions(circle)	EpiPen 0.3 mg intran	nuscularly Given to	nurseyes
		EpiPen Jr. 0.15 mg in	tramuscularly	
		TwinJect 0.3 mg intra	amuscularly	
		Twinject 0.15 mg into		
4.	Call parent/guardian listed above, continue monitoring s	student for return of se	vere symptoms	
5.	Give injection device used, packaging, and student inform	mation to emergency re	esponders	
6.	Give the following ANTIHISTAMINE:		Given to nurse	yesdate
	Dose:			
	May repeat:			
	Other instructions:		_	
	d that school staff MUST be informed of my child's health		그리다 (이 아이들은 10일 중인 원리 (원리 경기 등 기기	priate care. I will
update the	school nurse office as my child's health conditions/treatm	ents change throughou	it the year.	
D10	-t		B	
Parent/Gua	rdian signature:		Da	te:

## Allergy and Anaphylaxis Emergency Plan

Child's name:		Date of plan:				
Date of birth://_	Age	Weight:	kg	Attach child's		
Child has allergy to			20	photo		
Child has asthma. Child has had anaphylaxis. Child may carry medicine. Child may give him/herself n	□ Ye	s □ No s □ No	ther chance severe reaction) fuses/is unable to self-treat, an ad-	ult must give medicine)		
IMPORTANT REMINDER Anaphylaxis is a potential	y life-threatin	g, severe allergic	reaction. If in doubt, give epine	phrine.		
For Severe Allergy ar What to look for	nd Anaphyla	axis	Give epinephrine! What to do			
If child has ANY of these severe symptoms after eating the food or having a sting, give epinephrine.  Shortness of breath, wheezing, or coughing Skin color is pale or has a bluish color Weak pulse Fainting or dizziness Tight or hoarse throat Trouble breathing or swallowing Swelling of lips or tongue that bother breathing Vomiting or diarrhea (if severe or combined with other symptoms) Many hives or redness over body Feeling of "doom," confusion, altered consciousness, or agitation			1. Inject epinephrine right away! Note time when epinephrine was given. 2. Call 911.  • Ask for ambulance with epinephrine.  • Tell rescue squad when epinephrine was given. 3. Stay with child and:  • Call parents and child's doctor.  • Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.  • Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side.  4. Give other medicine, if prescribed. Do not use other			
SPECIAL SITUATION: an extremely severe allerg following food(s): has MILD symptoms after give epinephrine.	y to an insect	sting or the . Even if child	medicine in place of epinephrine,  • Antihistamine  • Inhaler/bronchodilator			
For Mild Allergic Rea What to look for If child has had any mild sy Symptoms may include: • Itchy nose, sneezing, • A few hives • Mild stomach nausea	mptoms, moni	itor child.	Monitor child What to do Stay with child and: • Watch child closely. • Give antihistamine (if pre • Call parents and child's d • If symptoms of severe all use epinephrine. (See "F Anaphylaxis.")	doctor. lergy/anaphylaxis develop,		
Medicines/Doses Epinephrine, intramuscular (	liet tune\-			0 10 mg /7 5 kg to 15 kg		
	2707 10		0058	☐ 0.10 mg (7.5 kg to 15 kg ☐ 0.15 mg (15 kg to 25 kg) ☐ 0.30 mg (25 kg or more)		
Antihistamine, by mouth (typ Other (for example, inhaler/b		f child has asthma	);			
Parent/Guardian Authoriza	tion Signatur	e Date	Physician/HCP Authorization 5	Signature Date		

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#### HOW TO USE AUVI-Q® (EPINEPHRINE INJECTION, USP), KALEO

- 1. Remove Auvi-Q from the outer case. Pull off red safety guard.
- 2. Place black end of Auvi-Q against the middle of the outer thigh.
- 3. Press firmly until you hear a click and hiss sound, and hold in place for 2 seconds.
- 4. Call 911 and get emergency medical help right away.



## HOW TO USE EPIPEN®, EPIPEN JR® (EPINEPHRINE) AUTO-INJECTOR AND EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF EPIPEN®), USP AUTO-INJECTOR, MYLAN AUTO-INJECTOR, MYLAN

- 1. Remove the EpiPen® or EpiPen Jr® Auto-Injector from the clear carrier tube.
- Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, remove the blue safety release by pulling straight up.
- Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.



## HOW TO USE IMPAX EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENACLICK®), USP AUTO-INJECTOR, AMNEAL PHARMACEUTICALS

- 1. Remove epinephrine auto-injector from its protective carrying case.
- 2. Pull off both blue end caps: you will now see a red tip. Grasp the auto-injector in your fist with the red tip pointing downward.
- Put the red tip against the middle of the outer thigh at a 90-degree angle, perpendicular to the thigh. Press down hard and hold firmly against the thigh for approximately 10 seconds.
- 4. Remove and massage the area for 10 seconds. Call 911 and get emergency medical help right away.

# HOW TO USE TEVA'S GENERIC EPIPEN® (EPINEPHRINE INJECTION, USP) AUTO-INJECTOR, TEVA PHARMACEUTICAL INDUSTRIES

- 1. Quickly twist the yellow or green cap off of the auto-injector in the direction of the "twist arrow" to remove it.
- Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, pull off the blue safety release.
- 3. Place the orange tip against the middle of the outer thigh at a right angle to the thigh.
- Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- 5. Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.

### HOW TO USE SYMJEPI™ (EPINEPHRINE INJECTION, USP)

- When ready to inject, pull off cap to expose needle. Do not put finger on top of the device.
- Hold SYMJEPI by finger grips only and slowly insert the needle into the thigh. SYMJEPI can be injected through clothing if necessary.
- 3. After needle is in thigh, push the plunger all the way down until it clicks and hold for 2 seconds.
- 4. Remove the syringe and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.
- 5. Once the injection has been administered, using one hand with fingers behind the needle slide safety guard over needle.

#### ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

- Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection, go immediately to the nearest emergency room.
- 2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- 3. Epinephrine can be injected through clothing if needed.
- 4. Call 911 immediately after injection.

OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can worsen quickly.

#### **Call 911**

Doctor:	Phone Number:		
Parent/Guardian:	Phone Number:	_	
Other Emergency Contact:	Phone Number:		

